

Temporary residents and travelling patients

If you are in the area for less than three months and need medical assistance you will need to consider the following:

If you are **not** registered with a GP in England, you will be unable to see one unless you are in need of urgent care. In most cases, calling 111 is a better option – remember to tell the call handler that you are not registered with a GP in the England.

If you **are** registered with a GP in England you should contact them as they will hold your full medical record which allows them to make better informed triage decisions. This contact may be by telephone or an online form available on your GP practice website.

There are many conditions that that can be dealt with remotely without needing to be seen by a GP.

GPs can arrange for a prescription to be collected from any pharmacy of your choice including where you may be staying temporarily.

Should you need a physical examination your registered GP may ask us to do this and you will be required to register as a temporary resident with the practice and a face-to-face appointment will be arranged.

Other options

If you need medical advice or treatment you may not need to see a GP, there are some alternatives you can try instead:

- NHS 111 for non-emergency medical advice and information about local services [NHS 111 online](#)
- a pharmacist can provide advice and treatment for minor conditions that do not need a prescription [Find a pharmacy - NHS \(www.nhs.uk\)](#)
- an Urgent Treatment Centre that provides treatment for less serious injuries, such as sprains, broken bones and wound infections, they can also deal with minor illnesses, infections and rashes [Find Urgent Treatment Centre services - NHS \(www.nhs.uk\)](#)

These services do not require you to make an appointment or register as a patient.