

Leyburn Medical Practice PPG

Minutes of Committee Meeting held at the Practice at 16.30 on Weds 7 Feb 2024

Attendance – Alison Binks, Lynn Iveson, Nigel Watson, Sue Medley (Chair), Denise Houghton, Geoff Linehan, Lesley Hilton.

Apologies – Judy Metcalfe, Eva Stone, David Bolam, Jo Butler.

Declarations – Denise Houghton (Redmire Parish Councillor).

Minutes of last meeting – **Approved.**

Matters arising – None.

Presentation – Lynn Iveson (Advanced Clinical Practitioner (Older People) Physiotherapist) gave a presentation on her work. Lynn covers the whole of the Primary Care Network and spends one day per week at the Leyburn practice. She outlined the complexity of frailty and the importance of timely intervention to deal with factors such as social isolation, mobility, maintaining health and wellbeing, nutrition and hydration, supporting carers and providing information. The focus was living well/living better. She provides an holistic assessment of each individual, offers provides advice on exercise and rehabilitation and can provide aids for mobility and daily living. She also ensures timely referral where appropriate to other agencies. Lynn accepts referrals from a wide range of sources. Currently, she can see people within two weeks. She stressed that hers is still an evolving role. Sue thanked Lynn for her talk and later suggested Lynn might be invited to speak at an AGM.

Correspondence/Meetings – None.

Terms of Reference – The amended terms of reference were **approved**. The meeting also **approved** a quorum of 4 members.

General Practice Update – A copy had been circulated to members and Alison would provide an updated version for further circulation. Other items included:

- a. **Doctors** - The meeting heard that Dr Dave Tibbetts would be remaining with the practice for a further 6 months.
- b. **Measles** – There were no reported cases within the practice and only one suspected case in North Yorkshire. There had been a high take-up within the practice of the vaccine by those within the U5 and 5-15 age groups.
- c. **Pharmacy First** – The practice was liaising with the Leyburn pharmacy to implement this in a managed way.
- d. **Donations** - The Foster Charity had donated £300 for the maintenance of the community defibrillator.

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- e. **Demand** - Seasonal infections etc had increased demand for appointments etc by approx. 15-20 per cent.
- f. **Covid** – with little public testing, it was difficult to assess the incidence of Covid but there had been no significant increase in cases. Administration of the spring booster was currently under consideration.
- g. **NHS National GP Survey** – There was a lengthy discussion on the perceived disparity between the Survey results, which gave the practice an outstanding result, and hear-say dissatisfaction expressed by people locally. This was a longstanding issue, involving a range of factors. Given the concern raised by Lesley Hilton, Alison offered to speak about the practice at the Bellerby 'Warm Hub'.
- h. **ICB** – Denise Houghton reported on the current correspondence with the ICB on healthcare plans for the Dales.
Central Dales Practice Women's Wellbeing Day – Denise Houghton agreed to report back.
- i. **Facebook/Website** – The practice should have a new website soon, similar to the Central Dales Practice site. Alison said that Facebook is the best way to quickly let patients know what is going on eg if the phone lines go down. Sue copies any new practice Facebook posts to the PPG Facebook page. She will share the link to the PPG Facebook page with the committee.
- j. **AGM** – Sue Medley suggested various ways the PPG might better promote the AGM, such as adding flyers to medication bags handed out by the practice and the local pharmacy. This year it will be promoted 6 weeks in advance of the September date.

Raising Awareness – Denise Houghton raised the issue of prostate cancer and it was agreed the PPG should consider ways in more actively fostering awareness.

Next Meeting – Will be held on Weds 10 Apr at 16.30.